

EMDR Institute Basic Training Information & Registration Form

The EMDR- Institute Basic Training (Part 1 and Part 2) is designed for eligible mental health practitioners who treat adults and children in a clinical setting (see eligibility criteria attached). EMDR is a comprehensive psychotherapy that accelerates the treatment of a wide range of pathologies and self-esteem issues related to disturbing events and present life conditions. This interactional, standardised approach has been empirically tested in over 30 randomised controlled studies with trauma patients, and hundreds of published case reports evaluating a considerable range of presenting complaints, including depression, anxiety, phobias, excessive grief, somatic conditions and addictions. EMDR therapy is guided by the Adaptive Information Processing model which addresses the unprocessed memories that appear to set the basis for a wide range of dysfunction. A number of neurophysiological studies have documented the rapid post treatment EMDR effects.

Participants will be required to read the textbook by Francine Shapiro, PhD, Eye Movement Desensitisation and Reprocessing: Basic Principles, Protocols and Procedures Guilford Press, NY, 3rd Edition.

The training schedule is:

Day 1: 8:30-5pm

Day 2: 8:30-5pm

Day 3: 8:30-5pm

Each day consists of lectures, videos, demonstrations and practicums.

Case Consultation with an accredited EMDR-Institute Facilitator is an integral part of the training. Before attending Part 2 at least 5 hours of case consultation are required and participants are encouraged to log 30-35 hours of EMDR clinical sessions.

After Part 2, another 5 hours of case consultation and 30-35 hours of EMDR clinical sessions are required before the Certificate of Completion for the EMDR Basic Training can be issued.

For further information, please also see the EMDR New Zealand association at emdr.org.nz

Cost : \$ 980 incl. GST for the 3 days Workshop (Part 1)

The case consultation will need to be paid separately.

Venue : La Bella Italia Business Centre, 10 Nevis Street, Petone, Wellington

Dates : Monday, 28.9. to Wednesday, 30. September 2020

Once you have returned your registration to astrid.katzur@xtra.co.nz and you been accepted to the training (please find the eligibility criteria attached), a confirmation with further details and an invoice will be send out.

EMDR Training Registration Part 1	Wellington, 28.-30. September 2020
Name	
Home Address	

EMDR Training Registration Part 1	Wellington, 28.-30. September 2020
Work Address	
Organisation	
Email	
Phone	
Profession or Qualifications (e.g. psychiatrist, psychologist, psychotherapist, counsellor)	
Professional Body & registration number (if applicable)	
Summary of experience of using interpersonal therapies 2-3 sentences will be sufficient	
Dietary requirements Morning/Afternoon Tea & Lunch will be provided	

Please note that the registration begins at 8am and the training will start promptly at 8:30am each day and continues until 5pm each day. If you must leave early for any reason, you will need to make up the time lost with either a trainer or a facilitator to meet the requirements of the EMDR Institute Training in order to receive your Certificate of Completion. This may incur an additional cost, so please endeavour to organise your travel arrangements and child care accordingly.

Preliminary Reading:

The required text for basic Training in EMDR is : Eye Movement Desensitisation and Reprocessing (EMDR): Basic Principles, Protocols, and Procedures, 3rd Edition by Francine Shapiro 2018. (at least up to page 212)

A very useful self-help resource for both beginning practitioners and clients is: Getting Past Your Past: Take Control of Your Life with Self-Help Techniques from EMDR Therapy by Francine Shapiro

Look forward to meeting you at the training

Astrid Katzur
Clinical Psychologist