



## Masterclass/Advanced EMDR Training

### EMDR and Dissociation"

Presented by:

Dr Tom Flewett, EMDR Institute Trainer

Astrid Katzur, EMDR Institute Facilitator

***Dates: August 3-5, 2020***

***Venue: La Bella Italia Business Centre, Petone***

Registrations to: [Astrid.katzur@xtra.co.nz](mailto:Astrid.katzur@xtra.co.nz)

Cost: \$880 inclusive of GST

(Incls: lunch, morning & afternoon tea)

This 3 day workshop is for EMDR Clinicians who have completed the requirements for EMDR Basic training. It is a practical skills-based workshop to help you learn a variety of techniques to enable EMDR Therapy to be used safely and successfully with dissociative clients. During the 3 days, you will have opportunities to practice these techniques in groups of 2.

*All of the techniques taught are designed to facilitate re-processing of traumatic memories using EMDR Therapy.*

#### Contents include:

- Introduction to basic concepts of Dissociation including definition, theoretical constructs, and assessment.
- When and how to install resources in dissociative clients.
- Learning techniques to enable you to work with dissociative clients within the Window of tolerance.
- Introduction to and management of avoidance defenses.
- Help your clients identify ego states (parts) and learn to work with them.
- Working with clients that have ego states (parts) that are in conflict with each other.
- Interventions for situations including phobic avoidance of ego states, suicidal ego states, ego states that are voices, and frightened ego states.